

THE MAESTRO

INDIA

Archana Singhal

FOUNDER

MINDWELL COUNSEL

Empowering Emotional Well-being, One Session at a Time

A dedicated counselor and family therapist, Archana Singhal is transforming lives through her expertise in mental health and emotional well-being. As the founder of Mindwell Counsel, Delhi, she provides a safe space for individuals to navigate anxiety, PTSD, depression and life transitions. With a compassionate and personalized approach, Archana works with clients both locally and globally, ensuring mental health support is accessible beyond borders. Her specialized focus on stress and anxiety relief has positively impacted countless individuals, helping them regain emotional stability and inner peace. Archana's unwavering commitment to breaking the stigma around mental health makes her a true role model in the field. Through her work, she continues to inspire and uplift those struggling with emotional challenges, proving that professional guidance can lead to a healthier, more fulfilling life.



Dr. Malini Saba

FOUNDER

ANANNKE FOUNDATION

Empowering a Billion Lives Through Education, Healthcare & Social Advocacy

A self-made businesswoman, philanthropist, psychologist, and human rights advocate, Dr. Malini Saba established the Anannke Foundation in 2002 with a vision to create lasting, positive change for underserved communities worldwide. Driven by a mission to empower one billion people, the foundation focuses on education, healthcare, human rights, and women's empowerment in developing nations. Anannke's initiatives, Samskaara and UpCaara, provide crucial support in education and healthcare. Samskaara offers scholarships and college preparation programs to uplift underserved girls, ensuring they have access to academic and career opportunities. UpCaara, on the other hand, focuses on healthcare accessibility, particularly for at-risk women in older age groups. Under Dr. Saba's visionary leadership, Anannke continues to break barriers, championing



Hansika Chhabria

FOUNDER

ONE LESS

Minimalism Meets Sustainability in Fashion

A trailblazer in sustainable streetwear, Hansika Chhabria founded One Less in 2020 to prove that fashion and environmental responsibility can coexist. Her brand merges minimalist aesthetics with ethical practices, using GOTS-certified fabrics and eco-free dyes to create stylish yet planet-friendly clothing. Beyond apparel, One Less runs a 'One Purchase - One Tree' initiative, which has already resulted in the planting of 1,500+ fruit-bearing trees in Pune, providing tangible environmental and community benefits. Recognized by the United Nations Conscious Fashion & Lifestyle Network, Hansika's work is a testament to how small, mindful choices can drive real change in the fashion industry. Her commitment to sustainable fashion and community-driven impact makes One Less a movement rather than just a brand, inspiring the next generation of designers to prioritize both style and sustainability.

